

“DOMESTIC VIOLENCE”

(the “SILENT KILLER”)

14 identifiers for Domestic Violence:

1. Homicide
2. Assault
3. Terrorist threats
4. Kidnapping
5. Criminal restraint
6. False imprisonment
7. Sexual assault
8. Criminal sexual contact
9. Lewdness – Filthiness, Profanity, Vulgarity
10. Criminal Mischief – Disobedience, Trouble, Misbehavior
11. Burglary
12. Criminal trespass
13. Harassment
14. Stalking

Statics show that every 4 minutes a women is killed due to Domestic Violence. Police see at least 10 to 15 women who are victims of Domestic Violence, but they cannot do anything until the women is ready to come out of it. On an average it takes at least 7 times before a woman is ready to admit that she needs to get away from her abuser. Even then she is still unsure if she is doing the right thing, especially if children are involved. What they do not realize is that the children are the main reason for them to say I have had enough.

SAFETY PLANNING FOR VICTIMS OF “DOMESTIC VIOLENCE”

Practice how to get out of your home safely. Identify which doors, windows, elevators, or stairwell would be best. Pack a bag of clothes for yourself and your children and keep it hidden in your home. If you think it is not safely hidden in your home, leave it with a trusted relative or friend. Keep a list of important telephone numbers in your bag. The list should include the telephone numbers of trustworthy friends and relatives as well as local shelters. Identify a neighbor you

can tell about the violence. Ask the neighbor to call the police if any strange noises are heard (break in noises, shouting, screaming, gunshots) coming from your home. If an argument seems unavoidable, try to have it in a room or area that has access to an exit; and not a bathroom or kitchen or anywhere near weapons. Leave the following items with someone you trust, or placed in a safe place to take quickly when you leave.

Birth certificates & ID for yourself and children

Marriage certificate

Check book/credit cards

Money

Social security cards

Insurance policies

Personal phone book

Driver license and registration

Keys: household and car

Medications

Welfare ID

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National Hotline Number:

1-800-799-7233

Trafficking Hotline:

1-877-986-7534